



The Glacier 3000 Run 2015 is very popular

Les Diablerets, July 2, 2015. The Glacier 3000 Run, with its unique altitude profile and final passage over glacier ice, will take place this year for the 8th time. The mountain running scene will meet in Gstaad on August 8, 2015.

The 26 km course of the Glacier 3000 Run takes you through the picturesque Saanenland and then up to the glacier over snow and eternal ice. The finish line is at 2'950 metres and runners must overcome a 1'900 metres altitude gain to get there. As in previous years, participants can enter in the single or team category. The start signal will be given at 10.00h. The Alpine Nordic Walking trail begins at the Oldenegg. The start signal here will be at 11.30h. The finish line is at Scex Rouge. All together, the Nordic Walkers must overcome an altitude gain of 1'031 metres. Race fees are CHF 70 for individuals and CHF 90 for teams.

Last year the information booth, start number handout, massage and showers were all on the ice rink premises in the center of Gstaad close to the race start. This change was well worth it. In 2015, the activities before and after the race will also take place on the ice rink premises. Also the awards ceremony and food and beverages will be there as well. The race start on the Gstaad Promenade will be moved up 200 metres, so participants will have an even shorter distance between the ice rink premises and the race start. For spectators a special pass will be available again. The food and beverage area will already open Friday evening at 17.30h – at the same time when start numbers are issued. Saturday morning before the race, between 7.00 and 10.00h, coffee and croissants will be served. And as in years before, everyone can look forward to the Pasta Party and festival beginning at 14.00h.

All kids and youth up to 16 years old, who love running, can participate in the Gstaad Kids Run. It starts at 15.30h. Registration without late fees can be done directly at the ice rink premises. The registration fee for the Gstaad Kids Run is CHF 10.

The organisers now already look forward to receiving more registrations than the year before in the same period. The Glacier 3000 Run is well received by the mountain running scene.

Infos and registration: www.glacier3000run.ch

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